

# CV

Name : Dr Vivek Shrivastava PT

DOB : 29/09/ 1980

Career Highlights: Registered as **HOD** (MPT) under Code 28 University Act since 2014 & MP Paramedical Council for the Madhya Pradesh Medical Science Govt.University.

Experience : 1) Presently,working as **Dean & Professor**,Royal School of Medical & Allied Sciences,Royal Global University, Guwahati,Assam.

2) **Head of Department ,  
Dept. of Physiotherapy & Rehabilitation ,  
FORTIS HOSPITAL(IHH Healthcare  
Limited) ,Shalimar Bagh, NewDelhi, India.**

3) **Ex.HOD,  
Physiotherapy & Rehabilitation  
Vishesh –Jupiter Hospital , Ring Road,Indore(M.P)**

4) **Sr. Physical Therapist  
District Disability Rehabilitation Centre,Indore  
Ministry of Social Justice & Empowerment  
Govt. Of India**

5) **Head of Department ,  
Academic Head & Professor (Associate)  
Physiotherapy Wing,  
Global Group of Institutions ,Jabalpur  
a)Balashree Insititute of Paramedical Science  
b)BIPMS Institute of Paramedical Science.**

6) **Former Member, Board of Studies,  
M.P.Medical Science Govt. University**

7) Former Official Spokesperson  
**Indian Association of Physiotherapy  
District Chapter.**

8) Former Consultant Physiotherapist,  
Johri Neuro Hospital ,Jabalpur,MP

- Qualifications :                    **-PhD**
- Master in Physiotherapy (NEURO)**
- MA (Psychology)**
- Bachelor in Physiotherapy**
- Registrations :                    **-Delhi Council of Physiotherapy & Occupational Therapy(DCPTOT)**  
  **-MP Paramedical Council**
- Membership Registrations:    **-Member of Indian Association of Physiotherapists(MIAP)**  
  **-Member of Manual Therapy Foundation of India(MMTFI)**  
  **-Member of Consortium of Accreditation of Healthcare Organisations (MCAHO)**  
  **-Member of Rotary Club of India**
- Expertise                         : **-Instant Pain Relief of Soft tissue Origin**  
  **-Nervous System Therapist for Psychosomatic Issues**  
  **-Clinical Fitness Trainer**
- Certified Skills :**
- Certified Fitness & Gym Trainer , (IAFT Mangalore)**  
  **(Aerobics,Pilates,Diet & Nutrition,Power Yoga..)**
- Certified Manual and Manipulation Therapist**
- Certificate in Myofacial Release & Muscle Energy Techniques**
- Certificate in PNF Practice & Skills-By Dr Hwang Psu- At**  
  **AIIMS,New Delhi**
- Certificate in Pilate & Core Stability-**
- Certificate in Neural Tissue Mobilisation & Craniosacral Therapy at**  
  **AIIMS,New Delhi.**
- Certificate in ICU Management & Cardiopulmonary Physiotherapy**
- Certificate in Manual Therapy & Taping Techniques**

- INTERNATIONAL TRAINING EXPERIENCE:**
- **520 + Hours Certificate Personal Training Experience from International Expert MARIA CRISTINA CASANOVA, Counselling Psychologist & Adjunct Professor . New York University, New York**
  - **Training in PNF by PROF HWANG PSU (Certified PNF Trainer**
  - **International Certificate in Quality & Patient Safety Services at CAHO, Kolkatta.**
  - **Rehabilitation Through Robotics at WORLD NEUROSCIENCES SUMMIT 2022**

**ACADEMIC EXPERIENCE: 9 years.**

<b>Year</b>	<b>Duration</b>	<b>Institution</b>
July 2009 to June 2011	2 Yrs	Dept. Of Physiotherapy, Ayushman College & Hospital, Bhopal
July 2011 to April 2018	7 Yrs	Dept. Of Physiotherapy ,BIPMS, Global Group of Institutions ,Jabalpur
<b>Total</b>	<b>9 yrs</b>	

**CLINICAL EXPERIENCE: 15 years.**

<b>Year</b>	<b>Duration</b>	<b>Institution</b>
June 2009 to June 2011	2 yrs	Vardan Hospital, Bhopal
July 2011 to April 2018	6 yrs	1)Johri Hospital, Jabalpur 2)Kalpavriksha Physiotherapy clinic 3)Golcha Ortho Care, Jbp.
May 2018 to Dec 2019	1 year 8 month	District Disability Rehabilitation Centre, Ministry of Social Justice & Empowerment, Indore
Jan 2020- July 2021	1 year 8 Months	Vishesh-Jupiter Hospital ,Indore
2 Aug 2021- 31 Aug 2024	3 .1 yrs	Fortis Hospital , IHH Healthcare, New Delhi
<b>Total</b>	<b>15.5 yrs approx</b>	

## Awards & Recognitions:

- **Devarth Award** for Rectifying Resolver at Indore.
- **Best Mentor Award** at Fortis Hospital ,Shalimar Bagh,New Delhi
- **Exceptional Performance & Innovative Contributions** @ Fortis Hospital,Delhi

## Conferences & Workshops.

- Attended the **49<sup>th</sup> Annual Conference** of “**THE INDIAN ASSOCIATION OF PHYSIOTHERAPISTS**” in 2011.
- Attended Conference **NEURAXIS 2013** ,AIIMS ,New Delhi
- Attended **WORLD NEUROSCIENCES SUMMIT –III in 2022** organized by Medanta Institute of Education & Research at New Delhi.
- Attended **NAPCON 2023 DELHI ;SILVER JUBILEE CONFERENCE ON PULMONARY DISEASES** at **FORTIS HOSPITAL,SHALIMAR BAGH ,NEW DELHI.**
- Attended **CAHOCON 8<sup>th</sup> Edition 2024 International Conference :Making Healthcare Efficient,Effective,Economical & Equitable** at Kolkata
- **3 Days Faculty Development Program(FDP) on Teaching Methodologies** organized by **INDIAN SOCIETY OF TECHNICAL EDUCATION, NEW DELHI** in July 2016

## Scientific Work :

- **Scientific Paper Presentation at AIIMS,New Delhi** on the topic Effectiveness of Proprioceptive & Sensory Reweighing Training in improving Balance of Ambulatory Hemiplegics.
- Effects of reciprocal Inhibition Techniques on Shoulder Abduction Range in Individuals with Tendinitis
- To Evaluate the Baseline Range of Abduction in individuals with Shoulder Tendinitis
- Effect of Soft Tissue Gliding in Bringing about Instant spike of Mobility and instantaneous relief in pain during shoulder abduction movement;A promising Case study
- Effectiveness of Proprioceptive Training & Exercise Therapy in Improving the Balance of Ambulatory Hemiplegics
- Effectiveness of Proprioceptive & Sensory Reweighing Training in Improving the Balance of Ambulatory Hemiplegics.
- Effect of Intertwining of Mental Imagery with Neuro Rehabilitation Techniques in Post Cranio-plasty Rehabilitation :A Thorough Case Study
- Scientific Video Presentation titled **Effectiveness of a 2 minute Soft Tissue Gliding Technique ,bringing about immediate increase in Range of Motion & Immediate Relief in Pain** “ at international conference of **CAHOCON 2024** .
- Project: **Nirbaadh:Gift of ‘Restrictions & Pain Free Life’**@Fortis Hospital Shalimar Bagh ,New Delhi

## Community Contribution(Academic & Clinical )

- **Faculty in NAPCON 2023 :Workshop on Pulmonary Rehabilitation & Smoking Cessation**
- **Organizing Secretary** for Workshop on Physiotherapy Management of ICU Patients
- Project: **Nirbaadh:Gift of ‘Restrictions & Pain Free Life’** @Fortis Hospital Shalimar Bagh ,New Delhi
- Director & Resource person for Corporate Training Workshop Series **“PERFROMANCE :Human Resource Ecosystem Transformation Series”** for corporate setups.
- Director & Resource person for School Training Workshop Series **“PRASFUTAN :Faculty Ecosystem Transformation Series”** for School & Faculties.
- Conducted numerous Health Check up camps in Schools, corporate companies and Temples.

## Career Skills & Experience:

- **Received Devarth Award for Rectifying Resolver Category by Association Advanced Academy ,Indore.**
- Experience and Certificate of Organisation of Workshops,on ICU Management.
- Presented Paper in **NEURAXIS,AIIMS,New Delhi on Proprioceptive Training in Hemiplegics.**
- Certified PNF Practitioner trained from International workshop at **Medanta,Medicity by Prof Hwang Tsu.**
- Certified Pilate Practitioner .
- Certificate in ICU Management and Chest PT from Jabalpur Hospital and Research Centre.
- Clinical Compulsory Rotatory Internship Certificate from Bhandari Group of Hospitals ( **Bhandari Hospital ,Indore and Sri Aurbindo Insitute of Medical Sciences** )
- **CERTIFICATE OF “WORKSHOP & SEMINAR ON MANUAL THERAPY OVER LUMBAR SPINE BY VARIOUS TECHNIQUES” by Dr P.C.Mohanty (HOD,NIRTAR)**
- **CERTIFICATE OF “WORKSHOP ON MANUAL THERAPY AND TAPING TECHNIQUES FOR CERVICAL AND THORACIC SPINE “** organized by Manual Therapy Foundation of India by Dr Umashakar Mohanty PT (MPT ,PhD)

## EXTRA CURRICULAR PERFORMANCE

Directed musical drama " <b>Kyun Main Jaagoo</b> " on Role of Physiotherapy and Spiritual Mercy in Healing of Stroke Patient in 2012 in BIPMS Metro Hospital.	Standing Ovation by Chief Guest & President ,Orthopaedic Association.Chief guest declared the performance as best.
Directed musical drama " <b>Charity begins from Home</b> " on the rape of Physiotherapy girl and solutions for such social problems in 2013 in BIPMS,Metro Hospital.	Drama got selected to be staged in AIIMS conference in Delhi
Directed musical drama " <b>Urne Do</b> " on the rights of a physiotherapist in 2014 in BIPMS ,Metro Hospital.	Chief Guest declared the performance as "The most Heart Touching Performance " in her speech.
Directed Musical Drama ' <b>Mansikta Badalni Hogi</b> ' in 2015 on MP Vyapam Scam and its root causes.	Awarded Best Performance .
Directed Musical Drama " <b>Saare Jahaan Se Achcha</b> " in December 2016 on Present Day Education System.	

-Taking Workshops on Self healing and Development ,Organisation Development And Art of Parenting and Schooling.

-Oration & Mind Body Healing.

-Drama and Acts.

## PERSONAL-DETAILS

D.O. B : 29/9/1980

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Betkuchi,Near Ahomgaon,Guwahati,Assam

Email id: [vivss29@gmail.com](mailto:vivss29@gmail.com)

Father : Mr Satish Shrivastava  
**Ex- Member Judge,  
Industrial Court of Madhya Pradesh.**

Mother : Justice Mrs Sushma Shrivastava  
**Former Judge , High Court of Madhya Pradesh.**

Wife : Dr Mrs Roonal Shrivastava  
Ex Visiting Consultant & Chief Dental Surgeon,  
**Fortis Hospital,Shalimar Bagh ,New Delhi**  
Ex Senior Dental Surgeon  
**Sukh Sagar Medical College and Hospital,Jabalpur**